

## **Interview with Clemens Kuby:**

*You say: we already die being alive - when our love leaves us, when a fulfilling time ends, when we receive a refusal. Even our body cells die in millions everyday. Do we have a wrong idea of dying - and of living?*

I would not call it a wrong idea, but a materialist one that hurts a lot because matter is bound to perish. There is no way around it, even if medicine and the general prosperity have managed to double our life span in the last 500 years: our body still has to die. Yet if we consider ourselves as spiritual-emotional beings, something innate in every human being and all other beings, then we are immortal. For example our soul, if we may use this term, is without beginning or end. Our soul cannot die since it does not consist of physical elements. If we identify with it, death is only a change of phase, but not the end, as from a materialist perspective. This makes everything much easier.

*In what sense?*

Because my loved ones are not gone after death. Even before death I have perceived them as spiritual-emotional beings and felt connected with them without their physical presence. I can keep cherishing this connection, preferably in writing.

*What do you mean by this – in writing?*

I write a dialogue with my deceased loved one. I sort out all the things which have not been settled before his physical death. I can even use him as my counsellor for all kinds of questions, and it works. I just have to start writing, then I will notice that the writing is only a tool for the deceased to express himself - [klingt besser in E mit dem Zusatz](#).

*And this really works?*

Just have a try.

*You think in big dimensions...*

... because my first book is called "*En route to the next dimension*"?

*No, or maybe yes, since you go beyond death and conception.*

I believe it will not take long for many people to think the same.

*So far you have already given a few impulses of thinking in new ways which have become large social movements later on.*

It just happened. In 1967 I have helped to bring about the APO (Extra-parliamentary opposition), have been co-founder of The Green Party, have shot and taken to cinema the documentary "The Old Ladakh" for which I received the German Film Award, have promoted the spread of Buddhism in Germany with 10 films unveiling to a large public the suffering of the Tibetan people, have taught the spiritual healing in a practical way and now teach how to connect with reincarnation consciousness.

*With regard to the latter: you said that you also know the former lives of your children?*

This is no witchcraft. I offer reincarnation seminars in which I show every participant how to become aware of his former lives. When you watch the new-born babies, they often look very old. They are no blank page that we have to educate according to our ideas. The supposition that we have not existed before our conception and only the genes and the socialization make us a human being is completely absurd. Every person has their own individual character features. Where do they stem from? When you start investigating in these matters, then you will find lucid answers. Then you will stop saying: The baby is like grand-pa. Instead you will say: He is grand-pa. And so you find out who your children were before.

*You are convinced that in twenty years everybody will consider it normal to talk about reincarnation. How should this come to happen?*

It will happen in so far the general consciousness is growing. This is a fact that cannot be denied. You only have to look at the enormous boom of self-help books in the bookstores in the past 20 years. Moreover the corporate world will discover gradually that the capacities acquired in our former lives are much too precious to be neglected. Every company wishes to employ the same person who has already given them valuable service in their last life. Therefore the economy will soon be in favour that the consciousness of reincarnation will be taught at school and the people will stop having to learn things from the scratch all over again, and will be able to have access to their knowledge obtained in former lives. This in turn will promote the evolution of consciousness tremendously, corresponding to the natural growth processes which are not linear evolutions but will happen in leaps.

*For your new book "Practised reincarnation" you have documented the history of Jamgon Kongtrul Rinpoche, one of the most significant personalities of Tibetan Buddhism. Only now, 26 years after his car accident you publish the facts you have gathered for more than 30 years. Why now?*

I have already shot Jamgon Kongtrul since 1987. I have always been very connected with him. So I was the the last person to interview him a few hours before his death. Of course this was the starting point for me to make the probably first documentation of a person in two lives and particularly of how we found him in his new life in 1996. But in order to be completely sure that it was really him I knew so well in his former life, I have watched him in his new life until he was

19. Only then was I absolutely sure that it was him and thus I now publish 120 minutes of him in both lives selecting hundreds of hours of material.

*What example gives Jamgon Kongtrul Rinpoche's history?*

It is an example for the continuity of the spirit. This knowledge was already taught 2,500 years ago by the historical Buddha Shakyamuni and the Tibetans have continued developing this doctrine consequently for 1,300 years. With my pragmatic Western method I liberate this teaching from its clerical and traditional [outfit /shell](#). A similar thing happens in the East with the highly-developed technical comprehension of the West. After Japan, South Korea and China had copied Western technologies and continued developing them in their own way with an new and individual Eastern outlook, Westerners now re-import the newest and more advanced technologies from these countries. So when we copy and thus democratize the spiritual knowledge of the East so that it will become more emancipated, then we can be sure that the East will soon re-import spirituality from the West. This is also a form of globalization.

*For you reincarnation is very concrete. Do you also know your own former life?*

This time I was born as Clemens Kuby in Bavaria. In my last life I died in Tibet in 1937. In this life I have not really learned many new things. I am dyslexic, I have hardly read any books and not finished my studies, only film-making. Yet film-making is not an academic knowledge but a tool with which to open up your own themes and contents. In my former life I was still very much occupied with input, now mainly with output. Each life has its own character. Sometimes we even change our gender and / or the colour of our skin, so we do not only swap parents, but also our culture. All this is subject to certain laws which I explain in detail on almost 400 pages in my new book "Practised reincarnation". The documentary gives the basis for it and the seminars the practical instruction.

*The interview with Clemens Kuby was made by Andreas Bernheim on the  
19.2.2018*