

CLEMENS KUBY

Practised reincarnation

*My incredible
experiences*

Practised reincarnation – My incredible experiences

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On 25th April 1992 Jamgon, after sleeping at his mother's home, drives to Siliguri with his companions in order to stay at the hotel Sinclairs near the airport before taking the morning flight. When he and his team get up at five a.m. as usual and have breakfast together, Jamgon says: "Let's go for a ride – we still have time to do a little test ride with the new car." Not far from the hotel there is the National Highway No. 31C that crosses Mohal Jungle for about 7 miles straight north towards the foot of the Himalayans, where you can turn right to Bhutan or go straight ahead climbing up to Sikkim. A broad and tarred road, rather ideal for a test ride.

The sun is just rising, its golden light shines through the bright green of the jungle on the right and left and a wonderful morning air as soft as silk and pleasantly cool is rising to meet them. They rejoice with the electric windows, unknown in Indian cars so far, they also consider the electric sunroof great fun in this quick ride on this still traffic-free highway. Yet their greatest joy is directed towards the Hi-Fi Stereo system on which Jamgon plays his favourite pop music. He tells his driver: "Don't kill the pigeons!" (that are sitting on the road).

Followed by a screeching noise of the tyres, a terrible bang, dull and shrill ... time shattering into fragments ... silence ...

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Why this book? – Introduction

This story takes place in Asia, mainly with Tibetans, the majority of whom do not live in Tibet any longer because it has been occupied by a foreign power. The central person of this story is *His Eminence Jamgon Kongtrul Rinpoche* in several lives of his, especially during the transition of his third to his fourth life under the same name Jamgon Kongtrul (Rinpoche being a title meaning as much as “venerable”, often used when addressing him). Based on Jamgon’s story I try to make the reincarnation concept comprehensible to Westerners, since it is almost unknown in our culture, it is often smiled at for being “esoteric stuff” or it is simply dismissed disparagingly. However Asians have a lot less problems with it. Since we all live on the same planet, it would be enriching if we learnt from one another.

Asia profits a lot from the West in everything regarding technology. It has learnt so much that meanwhile the copied far-Eastern technology comes back to the West in an enhanced manner. This ping-pong effect may also happen with their spiritual knowledge when it reaches the West, as the East loses more and more of its traditional wisdom. If the West learns from this wisdom and enhances it by pragmatic use, it will also impregnate the far-Eastern cultures in turn when being re-imported back there. Partly this is already happening now regarding the general image of women in the Asian countries and Ecumenism (religious unity or cooperation). This is quite a blessing for mankind because our exchange is no longer restricted to commerce and technology, but also concerning spiritual and mind-liberating matters.

Your attitude towards life is distinguished on the lowest level, whether you consider it a singular phenomenon or a continuity without beginning or end. This book deals with just this difference. The challenge consists in openings one’s consciousness. I have created the

movie, the music, the website, the seminars and this book *Practised Reincarnation*, all of which render a lively concept of reincarnation, for this very purpose.

I am a tool for these five levels and call myself a “channel” or whatever. Anyway I cannot pretend that what I have created has been invented by me. It has rather been like that: while I am writing, I find the words for something that is just in front of me. Thus I am not able to create motion pictures, even if one can transport messages a lot more clearly than with documentaries. The difference between a performance and something happening in reality is decisive especially when it comes to the subject of reincarnation. This is most obvious as far as production time is concerned: for more than 30 years we have followed and shot the present case of reincarnation. As a motion picture we would have finished it in about a year.

This project began with the above-mentioned scene and went back from there to several shootings of Jamgon already existing in his life as an internationally renowned and well-travelled lama. These shootings stem from Valerio Albisetti, a good friend of mine, who has been travelling with the third Jamgon as his cameraman for more than three years (from 1987 till 1990) across four continents. His work had a big impact on my decision to make this movie and later write the book, too. The decision itself was taken at the death of Jamgon Rinpoche on 26.4.1992. Not only because his death was and still is a mystery for many people, but also because in Jamgon’s case the hope for finding his reincarnation was very high-flying. However we will see that all this did not take place without great drama and lots of doubts.

1

Great excitement

In Sikkim, on the west side of the large valley below the highest peaks of the Himalaya there lies a monastery called *Rumtek*, just in front of the Sikkim's capital Gangtok. In this very monastery lived the third Jamgon since he was six because it was the main seat of his exiled great master, teacher, friend and leader *His Holiness the 16th Gyalwa Karmapa*. H. H. Karmapa had been absent for almost 11 years (since 1981) because he had died. And all his adepts, in the first place his four so-called "seat holders", with Jamgon being one of them, were waiting longingly for the announcement of their master's reincarnation.

Just now in 1992 thanks to *Situ Rinpoche*, one of the four seat holders, appeared a letter written by H.H. Karmapa in which he gives the address of his next reincarnation, a place in the completely inaccessible Eastern Tibet, an area inhabited by nomads without any civilization. The so-called coincidence made that in this very moment Jamgon was granted a visa by the Chinese government valid for all Tibet which he had applied for six months ago to be able to participate in a social help project. Therefore, the four seat holders *Jamgon*, *Situ*, *Gyaltsap* and *Shamar* decided that during this trip Jamgon look out for the reincarnation of their leader in the nomad area of Eastern Tibet. According to the letter they had found, Karmapa had to be 7 years old in the meantime.

I said good-bye to Jamgon in Rumtek on the evening of April 22nd after finishing a last-minute interview about his impending journey. I regretted not being able to join him on this trip since my aim was to continue to document the search for Karmapa's reincarnation for my movie *Living Buddha*, but there was no way for my team and me to get a visa from Peking at such short notice (even less a shooting

permit). Instead I arranged to meet with Jamgon once he would be back in three weeks' time as planned, so that he could tell me (through my camera) about the things happening in Tibet.

On the road

On 23.4.1992 Jamgon is riding in his brand new BMW with his three companions: his young assistant Tenzin, his master of ceremony Kunga and his chauffeur Norbu from Sikkim down to Kalimpong in West-Bengal. They started from Rumtek Monastery at five o'clock in the morning since they plan to visit Jamgon's mother *Pema Yudron* in Kalimpong first. Pema will be delighted to see what a generous gift one of her two older sons made to the other one. Kalimpong lies at the Southern foothills of the Himalayans. It is no great detour to pass there from Rumtek in Sikkim before reaching the airport in Bagdogra belonging to the big Northern Indian city of Siliguri.¹

Jamgon and his team are booked on the flight to Tibet on April 26th at 9 a.m. Even if it is only a stone's throw from Gangtok to Lhasa in Tibet and there is an antique trade route crossing the Himalayans at this point, their journey is supposed to pass Delhi and Kathmandu – because of the restrictive Chinese controls affecting all visitors who want to enter the country of Tibet occupied by them.

All four of them have fastened their seat-belts properly on this ride – and suddenly from one second to the next, three of them are dead.

What has happened?

The phone rings at mother Pema's at 6.15 a.m..

A woman says: *There has been an accident.*

1 See the geographical map of the different sites at the end of the book.

Reincarnation instead of resurrection?

Counter-question: *How can materialists be free from their fear of death?*

Perhaps you say that this is why the Christian teachings have dropped the concept of reincarnation introducing the concept of resurrection instead. With resurrection Jesus Christ keeps his body with which he had been nailed to the cross. As a proof he still carries the nail wounds on his hands and feet. Therefore he did not have to surrender his body as this is the very thing materialists fear most. With the concept of resurrection this fear to surrender your beloved body can be omitted, even if it is only for a moment or some time. For materialists there is still a certain continuity of the same body despite death.

If you do not relish this belief in resurrection since normal humans obviously do not qualify for it and thus cannot be experienced by them, and secondly because this concept of resurrection appears as extremely improbable, then you have to continue looking in order to learn about death. Because the way most people imagine death to be, is spreading fear and terror.

Let us stay with the concept of continuity then, where death is a deathly sure matter – such as in the level of consciousness in which life is a singular phenomenon. You find the difference between the continuous and the singular outlook on life by asking:

Question: *What dies when you are dying?*

Answer: *The body.*

This answer is valid for every consciousness as long as you do not believe in Christian resurrection in the same body. Yet does the soul also die when you die? Or the spirit? Which consciousness do you need in order to give an unambiguous answer to this question?

It is enough to have a very materialistic consciousness, for example in a physicist or biologist who can establish unequivocally that after death the body disintegrates into its different physical elements. The time of this transformation depends on the type of funeral you choose. If you are cremated, several elements are transformed into

the gas phase with a lot of energy (fire). If you are buried, the same thing happens, but it takes much longer. Everything else that once made you a living being stays behind. Nothing is ever wasted or disappears in the universe, merely the physical elements change their aggregate state or dissolve from one molecular composition to another one. Thereby disintegrating the form which we called “human”. This is the very act of death.

Can this act also happen to the spirit or what we call “soul”? The physicists and biologists give a definite no. For them it is a certain fact that spirit and soul do not consist of physical elements. As much as you examine your body: you will not find spirit nor soul in it. To be sure you will find a brain consisting of physical elements. You will also find energy establishing the metabolism between these elements and you may even measure how many atoms change their place to do so. In the brain this change of place is called *forming synapses*. However the contents of what these atoms transport cannot be measured (yet), only presumed: they are said to carry information moving from one brain area to another in a living body. Yet we can merely recognize their vibration or frequency but not the contents or sense. This vibration is the physical image of our thoughts which means what our spirit or soul produces.

Exactly there is a difference between matter and what we call spirit. The materialists pretend that spirit needs a physical carrier to exist. In their imagination however God does not need a physical carrier to exist. If there is no such thing as God for the materialists because he does not represent a phenomenon which can be checked materialistically, then spirit cannot exist either for the materialists since it isn't a phenomenon which can be checked materialistically either. Yet every materialist can think and has a spirit. Yet if they affirm that they recognize every spirit that needs a physical carrier, they can also recognize God. Because in this concept the term of “God” – like spirit in general – has a physical carrier, that is the brain.

4

Continuity of life

When you look at a new-born baby, you do not get the impression that you deal with a soulless piece of meat. On the contrary: often you discover an old and wise person when you look them into the eyes, not a blank page anyway. If you really take them in, you will find that you deal with a whole personality. This personality has not been formed from zero in nine months. Neither is it the product of the genes of their parents. Genes are biological elements of physical nature but not the person's character. On closer inspection it is a very special and unique character that cannot be compared with anything. More often than not, when you get to know someone closer, people usually say: "Quite the grandma" or "Quite the grandpa, uncle, aunt etc." Such similarity strikes us because the compared person is well-known to us.⁹ In comparison with persons in wider surroundings it is more difficult to see these similarities.

According to the explanation model of the continuity of life we judge a parallel to be not "quite" the grandma or grandpa, but as if it *is* the grandma or grandpa. We can even feel this congruence when the person concerned has changed their gender during reincarnation. Thus it always depends on the glasses we are wearing when we observe life – it is as easy as that when it comes to seeing what our explanation models allows us to see. Those who think in an analogue way will never ever understand a smartphone. They will have to put on the digital glasses, only then will they be able to decipher a smartphone.

If I look on the new-born as a blank hard disk in which I have to write an education program I will have problems recognizing the faculties this being has brought here and fail to promote them. So the

⁹ You will find helpful ideas in "Personal Masterplan for reincarnation" (see annex).

new conditions and with death they will only find them if they already have trust, vision and hope for a new life under better conditions. Yet if there is no intention in the concept of belief in the person concerned, there will not be any energy going into it. The process of dying may become difficult and more often than not it will take place in depression and a desperate agony.

For the bereaved with a consciousness of a singular life the idea of someone leaving their body joyfully in order to change their conditions of life may seem strange or impossible. I do not speak of suicide as in the case of Jamgon Kongtrul Rinpoche you may think of suicide. I speak of the carefree and conscious process of dying with the soul having a clear idea of the fact that there is no possibility of continuous evolution in the present form any longer.

The best moment to die

Let's draw a profane parallel to the question: What is the best moment for dying? This question is also asked by many car owners. Will they sell or scrap the car as soon as the repairs are getting bigger and more frequent even when it is still working or should they drive it until it breaks down completely? Such a question is answered in different ways. What shall I wish the car owner? The best I can do is not to meddle with his considerations unless he asks me explicitly. Even then I could merely tell him what *I* would do with my own car in that case. This does not mean that he should do with his car (i.e. with his body) what I think is best to do with mine.

In fact it only depends on the sense when changing the body. When does it make sense to leave one's body? Instead of saying: "I wish you a long life" it would make more sense to say: "I wish you a sensible and meaningful death", meaning it to be the only loving wish we can express. We should be able to talk about this sense with our confidants. At least you should agree with yourself when answering the

question: *When does my death make sense?* The task is the same as in the case of the car or with all other material goods from which I have to separate some time in the future because nothing lasts forever: if I do not cling to property I will substitute it when it is most sensible. This is what every share trader is doing on a daily basis.

Look at the evolution of your life and ask yourself what made sense and what did not. Every day, month or year when you developed, your consciousness did make sense. This cannot be wrong meaning that as long as the stock index is going up it makes sense to keep the share, the car or the body. In simpler words: it makes sense to learn something that makes you healthy and happy. It surely does not make sense to learn something that makes you ill and unhappy though there is plenty of this feeling in humans.

However when the restrictions of the body increase or the car starts to need excessive repair or the share loses its value many people hope that everything will be fine. Imagine someone saying this when your car has already been driven more than 100.000 miles and gives you serious trouble. Or if the share is going down and someone pretends that it will go up again.

Ask your inner self what prompts you to accept such advice? Which emotion is it? One from the ego or one from the soul? Are you prepared to say: I thank you and let you go? Why should I not die now? Why do I cling to life, to the car, the shares and so on? I have already crossed the zenith and “everything will be fine” has no attraction for me because the only criteria for me is purposeful joy of life. I do not follow the impulse to get more benefit out of this matter/body. My body has served me well for a long time, now I may say thank you and let it go, thus dying with dignity. You may evolve towards this last state of consciousness during your life and you can expand it decisively e.g. by doing *Soul writing*¹⁰ and communicating

10 In case you want to work with *Soul writing*[®] practically you can find concrete advice in “Personal Masterplan for Reincarnation” (see annex).

How to reincarnate optimally

The density of events is increasing exponentially – like I mentioned before – since entering the industrial age, which is why we incarnate ever more rapidly. Consequently ever more human beings are incarnated on this planet with a physical form. The former ages like the age of the crafts, agriculture, gathering and hunting took always longer than the ensuing age. The industrial age has already been superseded by the communication age around 1982. Since the diffusion of the Internet we can talk of the information age which will soon give way to the consciousness age. One age always conditions the next. No phase can be skipped, but as I said:

The phases are getting shorter, because the evolution of consciousness mankind has gone through in the preceding age and the resulting higher level of consciousness have contributed to an ever quicker process of awareness.

The human consciousness as a whole, however, only evolves significantly if every individual is working on it for themselves. There is a self-fertilizing process as the individual evolution of consciousness is prompted by the general one. Naturally the individual also embraces the new communication possibilities of the new circumstances and conditions in order to speed up their own evolution of consciousness. In a nutshell: the global process of growing awareness is a moving wheel of individual and collective endeavour. The motor for it is the same individual being causing the process and profiting from it at the same time.

The whole sense of incarnating is to make experiences which raise our level of consciousness and thus contribute to the evolution of mankind as a whole. So nobody may complain about the general awareness being so low without including themselves and advancing their own process of becoming aware.

Jamgon's last words in front of the camera

Before this background Jamgon says the following words in his last interview about the secrecy of Karmapa's reincarnation: *Well, as you know, since we have the letter of his Holiness Karmapa, it is no big deal really. But we want to make sure that we do not commit any mistakes and really find the genuine Karmapa. This is why we keep it secret.*

However: it is no longer possible to maintain the secrecy about the address where to find Karmapa since the prophecy letter has been found. The leaks keep growing by the hour. Indeed it is only a matter of time, a few hours in which China may still make Karmapa disappear. How could Jamgon have an impact on the politics of the super-power China to this effect and in real-time? Jamgon knows how. He is extraordinarily clear-headed and oversees world politics as clearly as the continuity of his own life. Extreme concentration is imperative. I can see it in his face. Besides the Chinese politics there is a second, not less explosive problem to be solved when Karmapas 17th conscious reincarnation is to be established: Shamar – as we have seen – has decided to sacrifice Karmapa for staying in power himself by introducing his own Karmapa loyal to him only. Therefore it is necessary to stop him as well as the Chinese from eliminating Karmapa. If both of them cooperate, then it would be extremely difficult, Jamgon realizes. What must be done?

Jamgon continues: *Besides you know the character of human beings. They have very strange ways of conduct, warped ideas and peculiar expectations etc.*

Jamgon knows what he is talking about, he even smiles at his own words. He still shows his compassion for human weaknesses which create such enormous problems. He knows of the vanities, the power hunger, the diseases and the greed of egoistic characters, the envy and the jealousy which drive people to follow their ego and not their

to his bedroom equipped with a Beta-copying machine by *Sony* and transmits my entire material to Peking. He is certainly making good money from it because he seems to be prosperous. I am ok with it.

There is a Chinese officer at my side who watches me around the clock, until the last day. This means that all I shoot is legal. (Only once did we have a big problem with him, when we shot the birth place of Karmapa in Eastern Tibet).

Right now we drive up to Tsurphu with our official shooting permission where Situ and Gyaltsap are waiting for me to shoot their first meeting with seven-year-old Karmapa personally and within the rigid tradition of throwing themselves to the ground in body-length.

The great event of Karmapa's enthronement is fixed at a date seven weeks from then. We use the waiting time to go to Karmapa's birth place by car and on horseback: Bator in the region of Latok, some 900 miles east.

Where the 17th Karmapa was (re-)born

Even before Situ discovered the letter of the 16th Karmapa and anyone saw Karmapa as "the Karmapa" face to face, the Dalai Lama had the before-mentioned dream of a valley where he lived. When I follow the tracks of Sherab Terching and his search group some six weeks later together with two of his confidants in order to fully document Karmapa's reincarnation, my group and I are crossing a pass at an altitude of almost 15.000 feet in order to reach Latok valley. When we ride into the valley I instantly recognize the picture that the Dalai Lama gave me of Karmapa's birth place. In the valley below I can distinguish several black dots – that must be the yak-tents of the nomads. In one of those tents Karmapa grew up.

I make my group halt. This view must be shot. It takes a while until all the horses have got together and we can unload the tripod, the film camera, the box with the material etc. in order to get a good position

for this picture. Eventually the picture is taken without any of us or of our horses to be seen in the picture. All are quiet, the sound is on and I give my cameraman Klaus Moderegger the thumbs-up for shooting.

At this very moment there are two gigantic eagles with a wingspan of almost seven feet flying towards us from behind with lightning speed and past the camera at a very low altitude, then they rise a bit and like stunt pilots they veer to the right and left of the valley. I do not dare to breathe. I stand near the camera and do not understand what is happening right in front of my own eyes. I must not say anything either as to not ruin the recording. I only hope that everything has been shot. When Klaus stops shooting (using Super-16mm filming material) and switches the camera off, I only ask him: "Have you taken everything?" Klaus nods and says:

"Yes, but I have put on the 2.5 wide-angle lens, so they appear unproportionally small."

I regret this but then it was done by my own instruction to get the whole valley where two rivers join from both sides into one single picture. It is just how the Dalai Lama described it to me. The eagles have swept away any remnants of doubt I may still have had. Their appearance is the most majestic reward I have received for the immense trouble I have taken to get here, a reward that I could never have imagined. It is a divine experience and very special to me since I am so obsessed with eagles and never have seen any except in the zoo – and now I have just seen two majestic, beautiful specimens! This is an experience at Dalai Lama-level. At this moment I take the birds as a confirmation that we are in the right place.

Then we start our way down to the nomad tents, which we reach two hours later. However it is not difficult to find the right tent, just as the search group of Sherab Terching did six weeks ago. When Sherab arrived with his people, there was a six-year-old nomad boy sitting in the tent of his father saying: "Daddy, I will go to Lhasa." His father was very surprised because Lhasa is about 900 miles away. From then on everything went really fast, every detail of the prediction letter was

confirmed and it became clear: *This boy is Karmapa*. Instantly they prepared to obtain a permission for his journey to his main monastery Tsurphu near Lhasa.¹⁵

Right now when I get to Latok with my crew, Karmapa is already in Tsurphu. It is my duty to capture his origins in picture and sound. Apart from me no other film crew has ever managed to reach this far-off place. Moreover this region is and was barred to all non-locals. For quite a good reason, as the following story shows:

I ask for the camera to be positioned about 300 feet from Karmapa's birth tent for a total which allows the countryside and the surrounding mountains to be included in the picture.

The Chinese officer says: *No!*

I: *Why?*

He: *No shooting!*

I: *My permission says that I may shoot everything connected with Karmapa's reincarnation. It is obvious that the birth tent has something to do with Karmapa.*

He: *Yes and no.*

I: *Why?*

In general it is not advisable to ask the Chinese police "why", it may have devastating consequences. They just do not like why-questions. What they say is the law – and that's it. The answer is very simple though and I can give it myself: next to the Amazon, Latok and all East Tibet have been a coherent forest area of about the size of West Germany. It was considered to be the second lung of mother Earth almost the size of the Amazon region. When we reached this area in 1992, the profiteers had already eaten away almost all of the second lung of mother Earth. For this reason alone mankind should abolish the ruling profit system. – This is yet another helpless thought I

15 You may find all the details of this history in my films *Living Buddha, The making-of Living Buddha* and the book *Living Buddha*.

12

Am I dead? – If yes, what then?

This ten-week shooting trip in Tibet about the “roof of the world” was what most challenged me in my life. In the *making-of-film*¹⁷ you can see that I have black hair when I leave and after ten weeks, upon returning to Germany you see that my hair is grey. Throughout the whole trip I got out of my clothes maybe five times to get a full-night’s sleep. There were often between minus 30 to minus 38 degrees Celsius. During the day temperatures rose to plus 30 degrees Celsius and you got burnt or a sunstroke if you did not have any protection. I loved these extremes. I loved every day and every night.

Energy was not a problem. It seemed always available. Even for overcoming once some 2,500 feet height difference in a run because Rinpoche, the boss of the monastery, where we only arrived after sundown would have been gone the next day. So we had to hurry up. However the camera alone weighs 7,5 kg (about 15 pounds) and at this height it seems to weigh double. We arrived completely drained at a height of 15,000 feet when we reached his small retreat hut in a moonless night with all our filming gear – those who have already been at such a height know what I am talking about, because there is always this feeling that a weight of 4 pounds of lead is hanging from your feet.

“He is up there sitting in this retreat”, we were told. Cameras, recording devices and everything that had to do with foreigners – especially with interviews, no matter which topic – is strictly forbidden to the Rinpoche from the moment he was dismissed from prison where he had been tortured for 25 years, so that he could die. He is one of the few persons in Tibet who still do the *Pohwa-dying-ritual*.

17 DVD: The making-of Living Buddha (see annex/Mediashop)

Books and works by Clemens Kuby

Books, audio-books, cards, films and audio-CDs

- The best-seller *En route to the next dimension* as paperback. Clemens Kuby's journey to healers and shamans. A stunning book.
- This book *En route to the next dimension* is also available as an audio-book (with excerpts on 2 CDs).
- DVD*: The cult movie *En route to the next dimension*. A special movie about spiritual healing which shows what you have always imagined but have never believed.
- The best-seller *Healing – the wonder in us* as hard cover. 320 pages with many practical exercises for your own self-healing process. A successful book in every respect.
- This book *Healing – the wonder in us* is also available as audio-book (with excerpts on 2 CDs), spoken by Clemens Kuby himself.
- DVD: The movie film *Healing – the wonder in us*. In this movie Clemens Kuby shows his own healing story and other cases of self-healing. A movie that goes under your skin.
- CD: The sound track of *Healing – the wonder in us*. This music has a healing effect.
- The book *Mental Healing. The secret of self-healing* resumes the mind expanding healing method by Clemens Kuby with lots of examples. A textbook for all who want to learn the KUBY method for themselves and for their healing work.

- DVD: *Live your movie*. Five soul conversations with Clemens Kuby, including the cases printed in the book *Mental Healing* exactly as taught by Clemens Kuby.
- DVD: *The human being – a spiritual being*. Explanations of fundamental knowledge with pictures about *Spiritual healing*; very entertaining and easily understandable.
- DVD: *Soul writing*. A documentation about the work in the seminars given by Clemens Kuby with the resulting consequences and success.
- The *Self-healing navigator*. With 64 cards; costly illustrated by Brigitte Smith. With a manual as well as an explanation for every card. Over the years the cards have proven a strikingly magical accuracy.
- DVD: *All is possible – The spectrum of self-healing*. In 2.5 hours 26 different ways are shown to access self-healing. A good DVD for entering in the matter. There is something for everybody.
- The small book *Healthy without medicine*. The KUBY method resumes shortly how this ingenious method works. A practical guide to change your way of thinking in everyday life, distinguishing themes for women and men and the different access to their intuition.
- The audio-book *Self-healing – get healthy on your own* reproduces 40 % of the text in the book *Healthy without medicine* in almost 3 hours of hearing.

- DVD: *Global Scaling – The melody of the universe. The scientific base for the intuitive processes of spiritual healing work according to the insights of Dr. Hartmut Müller.*
- DVD: *Self-healing in six steps – Joao de Deus.* When thousands of people experience healing, we can recognize how healing is brought about. Very exciting.
- DVD*: *Todas – on the edge of paradise.* A tribe of first people in South India visited by Clemens Kuby various times in four years. The Todas do not work and do not know fear.
- CD: The soundtrack *Toda – On the edge of paradise* will make you sympathize with a people without fear nor work to do and who sings and communicates all day long.
- DVD*: *The Old Ladakh.* Buddhism trilogy Part I. The Tibetan culture as it existed in the past. A cult movie honoured with the German Movie award.
- DVD*: *Tibet – Resistance of the spirit.* Buddhism trilogy Part II. How the Tibetans have been able to maintain their pacific character despite the brutality of Chinese occupation.
- DVD*: *Living Buddha.* Buddhism Trilogy Part III. A unique monumental epic about a person in two lives, the 16th and 17th Gyal-wa Karmapa.
- CD: *Living Buddha.* A musical master piece. A mature spiritual experience of a very special kind: a symbiosis of Tibetan and Western culture.

- DVD*: *The making of Living Buddha* plus bonus material. It feels close to a whodunit the way how Kuby dealt with the greatest resistances and filmed *Living Buddha* in seven years.
- DVD: *Misery and peace in Tibet*. A movie with the Dalai Lama about the plight of the Tibetans, especially the women who have been neutered by the Chinese government.

Some of these movies are also offered for “streaming” on our website www.clemenskuby-shop.de. See further information in our shop or under the phone no.: +49 (0) 89 32 67 98 11

* These movies are available in English and German on these CDs. For the streaming the movies in English and German are separate.

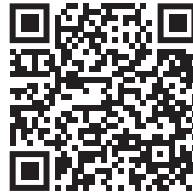
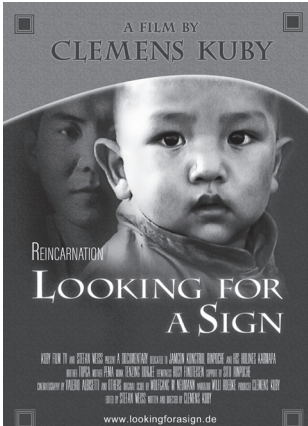
Promotion

Those who want to help distributing the KUBY method any further, please give a donation to the non-profit European foundation for self-healing promoting:

- to provide free knowledge about self-healing for interested people;
- to support people in need so that they be able to learn how to self-heal themselves
- to support informational events for self-healing in situ;
- to collaborate in financing scientific studies about self-healing

You will receive an official donation receipt for donations starting from € 100.– Phone: +49 (0) 83 41 9 08 22 01 or kontakt@shp-stiftung.eu; www.shp-stiftung.eu.) 86251 Schloss Blumenthal. Bank Account no. for donations: SHP- Stiftung (Foundation), IBAN DE02 7005 2060 0022 0897 34; BIC BYLADEM1LLD; Sparkasse Landsberg.

How to continue



THE MOVIE

“**Reincarnation – Looking for a Sign**” is no motion picture. For 28 years Clemens Kuby has experienced up close the reincarnation story of Jamgon Kongtrul Rinpoche. In this book the tension of this extraordinary story is very noticeable. In the movie this is even more so since the spectator is experiencing LIVE something which he has never seen: a person in two lives. It is no problem showing something like that in a novel. But to be present LIVE when a man dies and see him again as a baby, is something the world has never seen before – at least not in a documentary film.

Since Westerners are so sceptical about the reincarnation theory, Kuby followed Jamgon’s reincarnation with the camera until aged 20, before he published the movie. To do just that, many hundred hours of movie material had to be reduced to 108 minutes. These scenes however are the highlights of this amazing and incredible story. Those who combine reading the book with watching the movie will get the

most profound insight in reincarnation. The movie transports you into a different dimension. The book wants to be read actively. The movie will stun you. Surely you will want to watch it several times in order to process the experience of continuity of life in your mind. After seeing this movie you will be a new person.

You can order the movie under www.clemenskuby.de/Film. It can be watched in two languages (English and German) in streaming mode or you can receive it as DVD.

Those who want to look behind the scenes can find lots of things on the Making-of the film on www.clemenskuby.de/Reinkarnation.

Do you want more?

THE WEBINAR

“Reincarnation – nonsense or truth?”: This free webinar can be recommended to every sceptic who finds reincarnation a non-theme. Kuby picks them up at the place where most people in our culture stand. Naturally the concept of a singular life cannot be changed in one hour only. Therefore in this free webinar he explains everything that can be discovered in his detailed, 4-day seminar *Practised reincarnation*. Appoint yourself any time to the free one-hour webinar at: www.clemenskuby.de/Veranstaltungen/Online-Angebote.

THE SEMINAR

“Practised reincarnation”: You get the biggest profit from the book and the movie when applying the concept of reincarnation on yourself. Every participant learns how to answer the following questions for themselves:

- How do I know who I was in my last life?
- How do I know if I only imagine the answer or if it is really true?
- How do I recognize who I was in my last life?
- How do I plan my next reincarnation?

- What consequences does this have on my present life?

Those who want to completely overcome the fear of death may visit this **4-day/4-parts seminar** either in situ or online.

In *Practised reincarnation* Clemens Kuby gives you the space and the time to become aware of your own eternal life and to set an intention for your evolution until the next and the second-next life. A profound and practical change of life will take place which will not only have effects on your present life. Get appointed to the 4-day/4-parts seminar any time at: www.clemenskuby.de/Reinkarnation.

THE MUSIC

Those who wish to get musical support for their feeling in order to go beyond their boundaries of physical existence, may listen to the music “I am going within” by Wolfgang M. Neumann. This music has got magic. It permits a direct flowing access to your intuition and in addition is a marvellous sound experience. (Some tracks are played in the film). Order as CD or download on www.clemenskuby-shop.de (with a free audition).

MEDIA SHOP

People interested in more books and movies by Clemens Kuby, find a great selection in the shop (www.clemenskuby-shop.de).

ABOUT THE AUTHOR

Born in 1947 Clemens Kuby, award-winning documentary filmmaker and best-selling author, has been paralyzed and has healed himself intuitively. After that he documented the phenomenon of self-healing powers in books and films. He became a speaker of world-wide fame and personally transmits his experiences of self-healing and the continuity of spirit in lectures and seminars.

www.clemenskuby.de